

# Labrador Straits AGE-FRIENDLY COMMUNITY

A project supported by the  
Department of Children, Seniors and Social Development and  
Southern Labrador Development Association



Southern Labrador Development Association (SLDA),  
working in collaboration with Local Community Volunteers  
Make up the '*Labrador Straits Age-Friendly Community Committee*'

## Survey Results - December 2020

# Survey Results

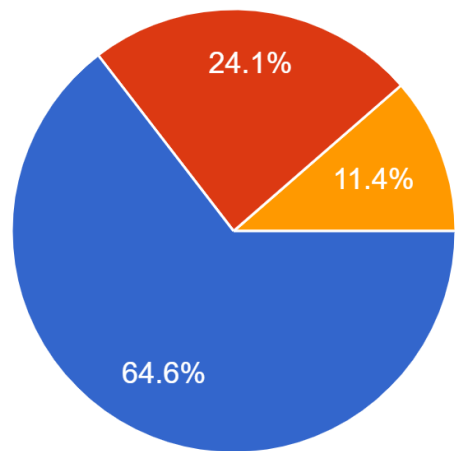
- ▶ The *Committee* conducted a survey using 'Google Forms' and shared it to members of the Private Facebook Group, '*Labrador Straits Age-Friendly Community*' asking members to complete the survey in December 2020.
  - ▶ The *private* Facebook group was formed in November 2020 and membership has grown from having 79 members to 339 members to date.
  - ▶ [Labrador Straits 'Age-Friendly Community' | Facebook](#)
- ▶ PURPOSE of the Survey was to measure the age-friendliness of the communities in this area.
- ▶ The survey was seeking feedback from seniors, and older adults (age 40+), on various aspects of our area.
- ▶ Information gathered from the survey will be used to further the work of the Regional "Age-Friendly Community" Committee.
- ▶ This survey was composed of nine (9) sections.

# Section 1.

## GENERAL

Please select your age category:

79 responses



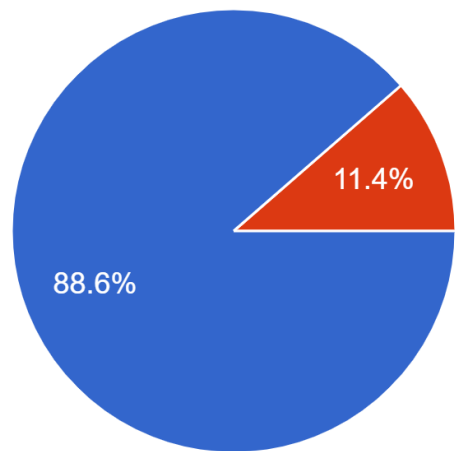
- 40-60
- 60-70
- 70+

# Section 1.

## GENERAL

Gender

79 responses

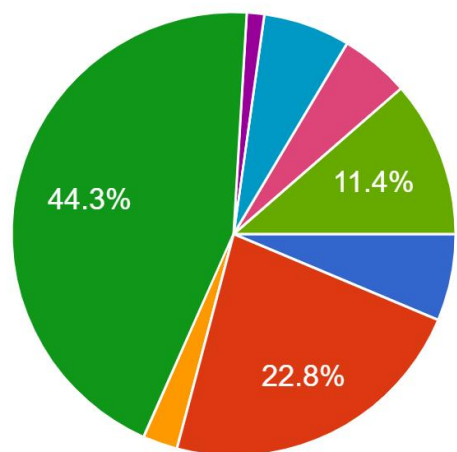


- Female
- Male
- Prefer not to answer

# Section 1. GENERAL

Which community do you reside in?

79 responses

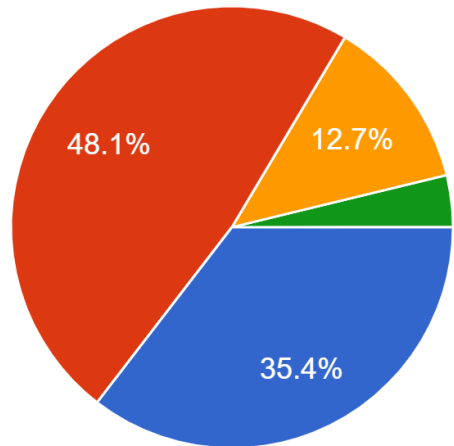


- L'Anse au Clair
- Forteau
- L'Anse Amour
- L'Anse au Loup
- Capstan Island
- West St. Modeste
- Pinware
- Red Bay

## Section 2. OPEN SPACES AND BUILDINGS

How do you feel when walking along, or crossing the roads/streets in your community (without a crosswalk)?

79 responses

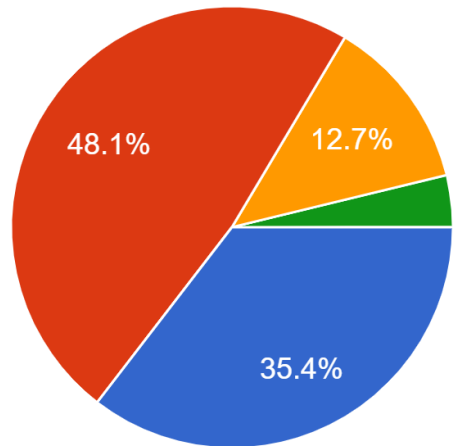


- Very Safe
- Somewhat Safe
- Somewhat Unsafe
- Very Unsafe

## Section 2. OPEN SPACES AND BUILDINGS

How do you feel when walking along, or crossing the roads/streets in your community (without a crosswalk)?

79 responses



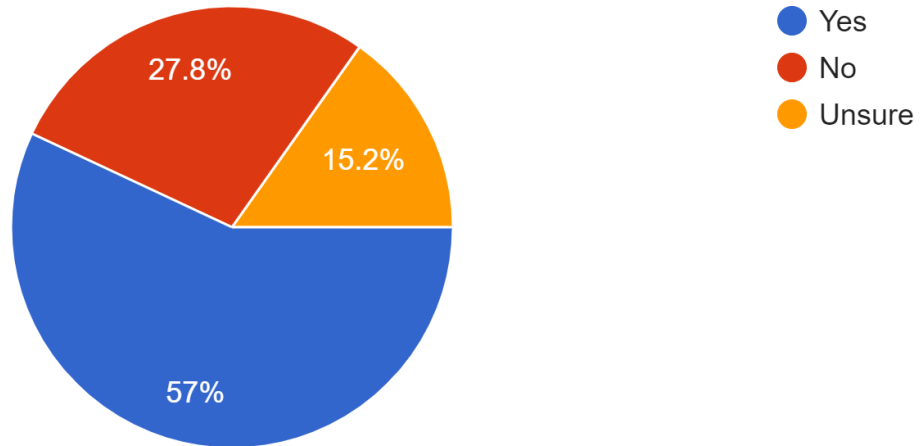
- Very Safe
- Somewhat Safe
- Somewhat Unsafe
- Very Unsafe

## Section 2.

# OPEN SPACES AND BUILDINGS

Do you feel that buildings and outdoor spaces in your community are accessible? (ex: stores and public buildings have ramps, automatic doors, benches are available for sitting, etc.)

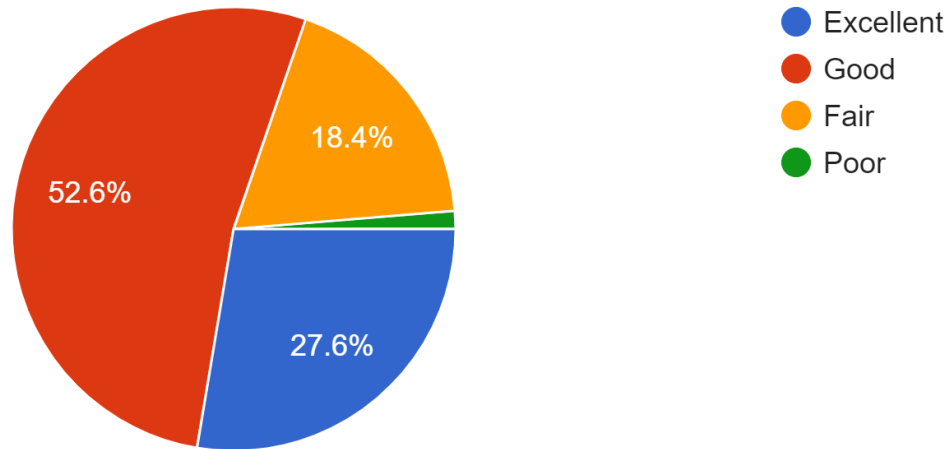
79 responses



## Section 2. OPEN SPACES AND BUILDINGS

How would you rate your town council for its snow removal service following a snow event?

76 responses

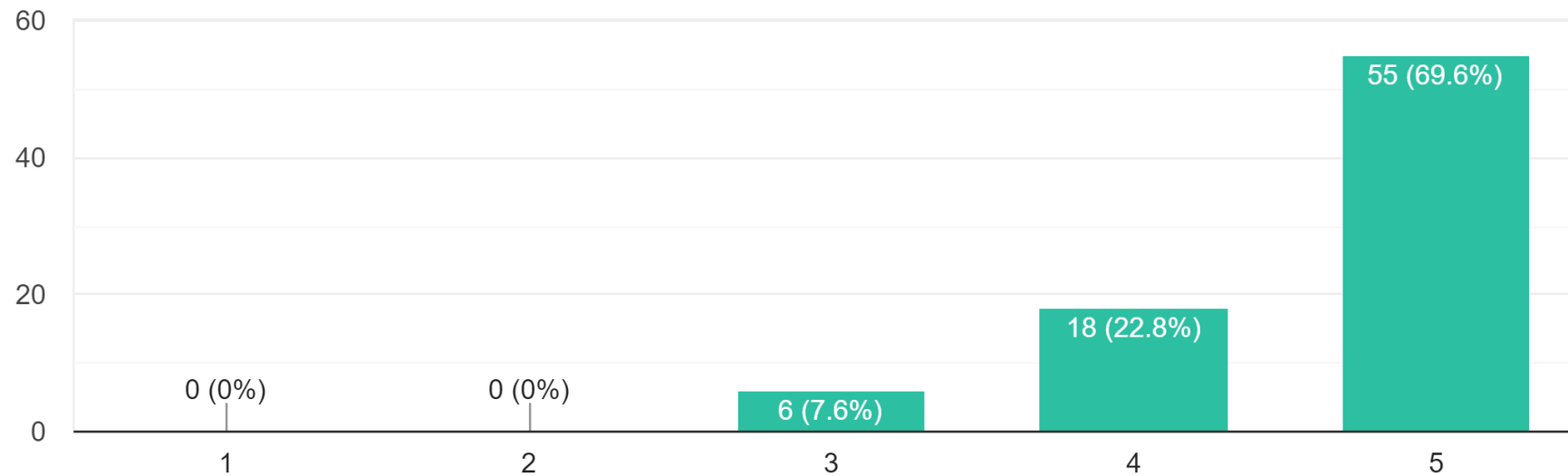


## Section 2.

# OPEN SPACES AND BUILDINGS

On a scale of 1-5, with 5 being the safest, how safe do you feel in your neighborhood?

79 responses



## Section 2.

# OPEN SPACES AND BUILDINGS

Please add any comments or concerns you may have about open spaces and buildings: 10 responses

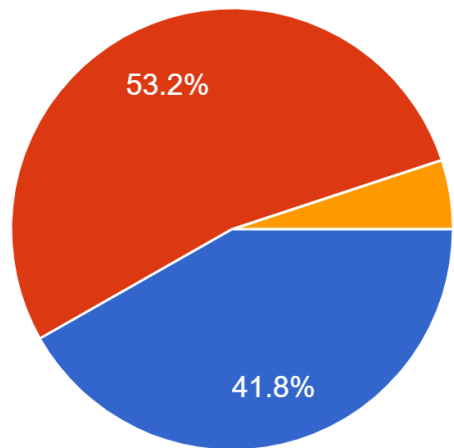
- ▶ Needs more benches or chairs for taking a break or waiting
- ▶ Some of spaces around some of our bigger buildings here in town could be cleaned up a bit better.
- ▶ I'd like to see more benches especially for older people who need to walk for medical reasons and can have a place to rest when needed
- ▶ Most buildings that I use are accessible to me. I use the ramps when there. Some stores crowd their floor space with displays and product that I find cumbersome.
- ▶ Ramps are noticeably absent
- ▶ Parish hall doesn't have any ramp for disabilities but I think the rest of the buildings are good.
- ▶ Forteau town council is not very accessible for seniors or people with a disability
- ▶ There should be a chair like ft in the community center one going up and one going down
- ▶ Open spaces needs a place for Seniors to rest and relax
- ▶ There are a couple of stores that are not wheel chair accessible ,and also the community center, there's 3 flights of stairs and most seniors have difficulty trying to maneuver them!

## Section 3.

# TRANSPORTATION

In regards to safety, how do you feel while driving on the roads of communities in Labrador Straits?  
(Ex: well lit, good traffic volumes, good condition, etc.)

79 responses



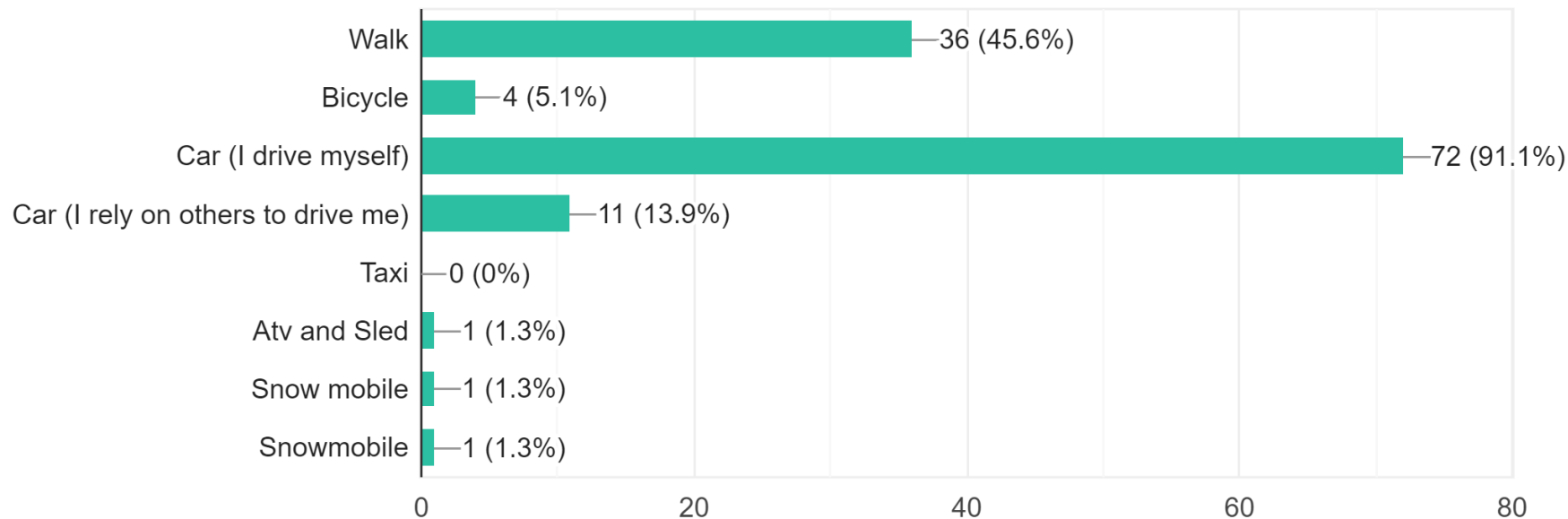
- Very Safe
- Somewhat Safe
- Somewhat Unsafe
- Unsafe

## Section 3.

# TRANSPORTATION

Please select any methods of transportation that you use on a regular basis:

79 responses

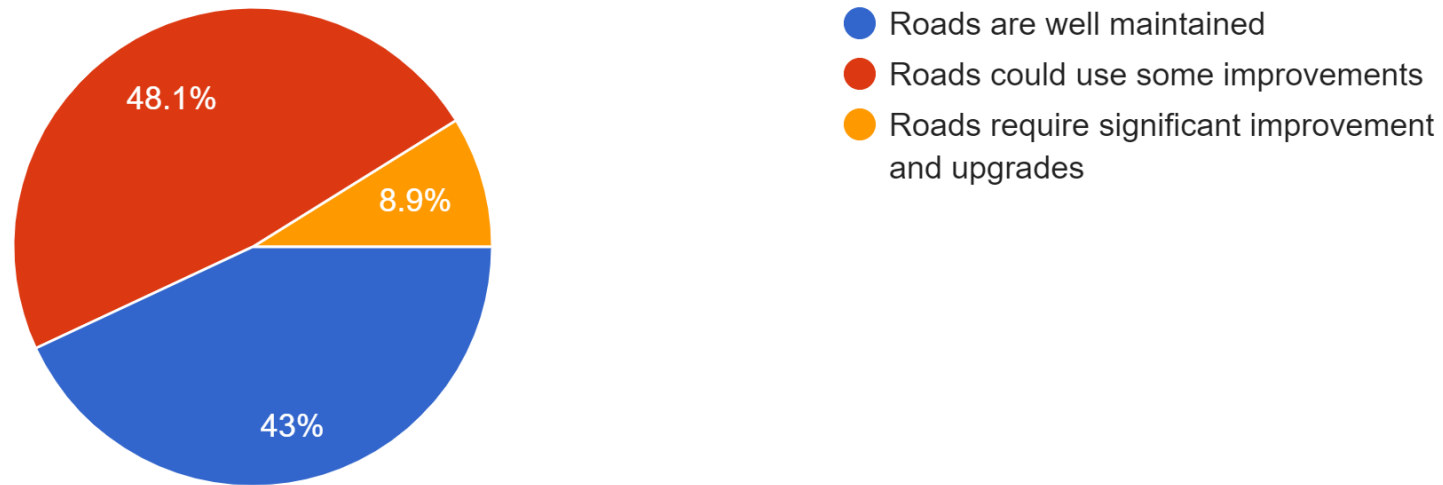


## Section 3.

# TRANSPORTATION

How do you feel about the conditions of the roads in Labrador Straits?

79 responses

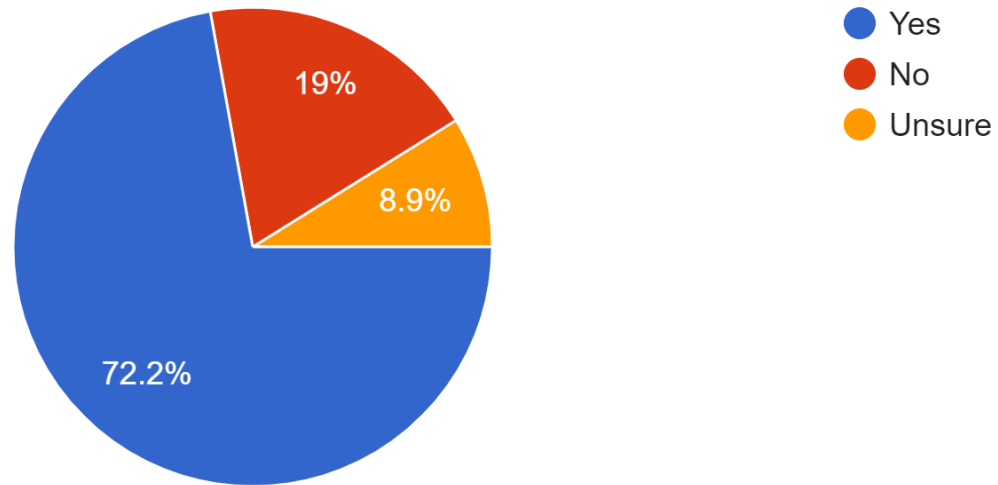


## Section 3.

# TRANSPORTATION

Do you feel that speeding is an issue in your community?

79 responses

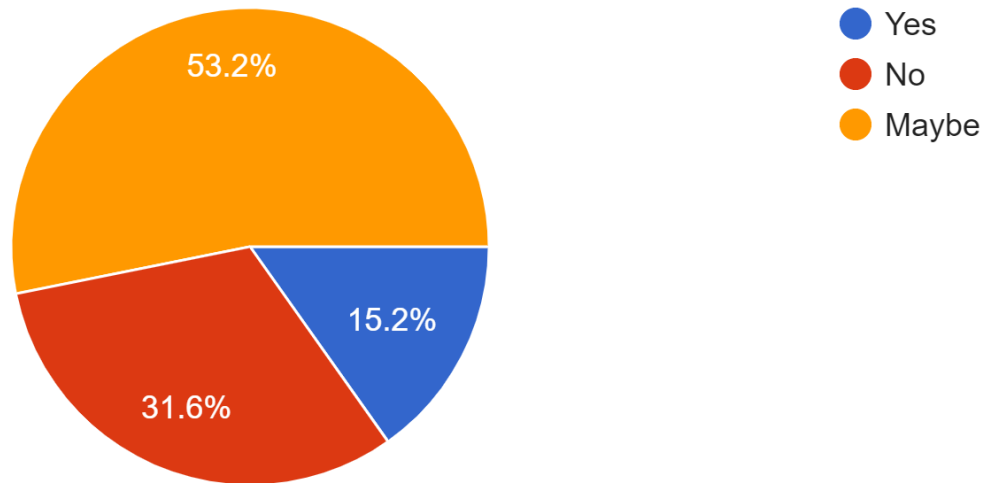


## Section 3.

# TRANSPORTATION

Would you use public transportation or some other form of transportation if it was available?

79 responses



# Section 3.

## TRANSPORTATION

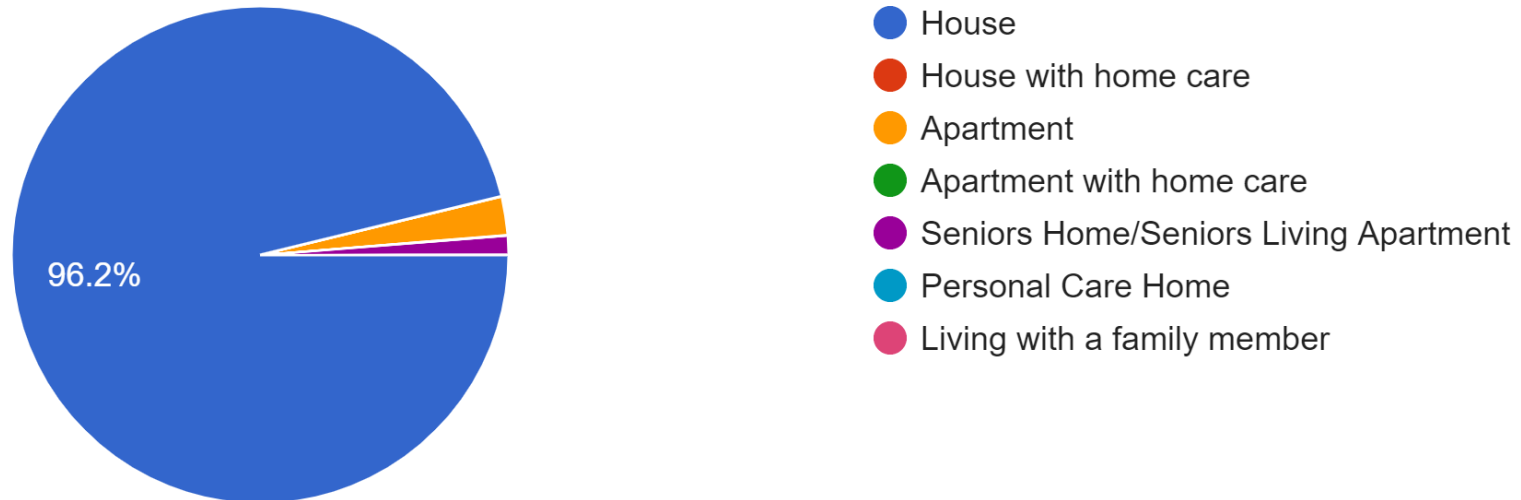
Please describe any other concerns you may have concerning transportation: 12 responses

- ▶ Tractor trailers speeding to maintain speed going up the hill
- ▶ Buses should slow down especially in the Communities
- ▶ If there were other forms of transportation available to get me to appointments or to the grocery store it would be valuable. I currently depend on family to get me around.
- ▶ Un-lit sections of roads in my community makes walking treacherous at night
- ▶ Speeding through towns an issue
- ▶ Tractor Trailers !!
- ▶ Speeding through our community is very dangerous. Especially transport trucks. I often witness them passing each other in the community. Very dangerous. Other vehicles is an issue as well. Not all but some.
- ▶ No concerns
- ▶ Not yet ,I still drive
- ▶ I have my own
- ▶ N/A
- ▶ I'm sure a lot of seniors would benefit from some form of public transportation.

## Section 4. HOUSING

Please select the living situation which best describes you at this time

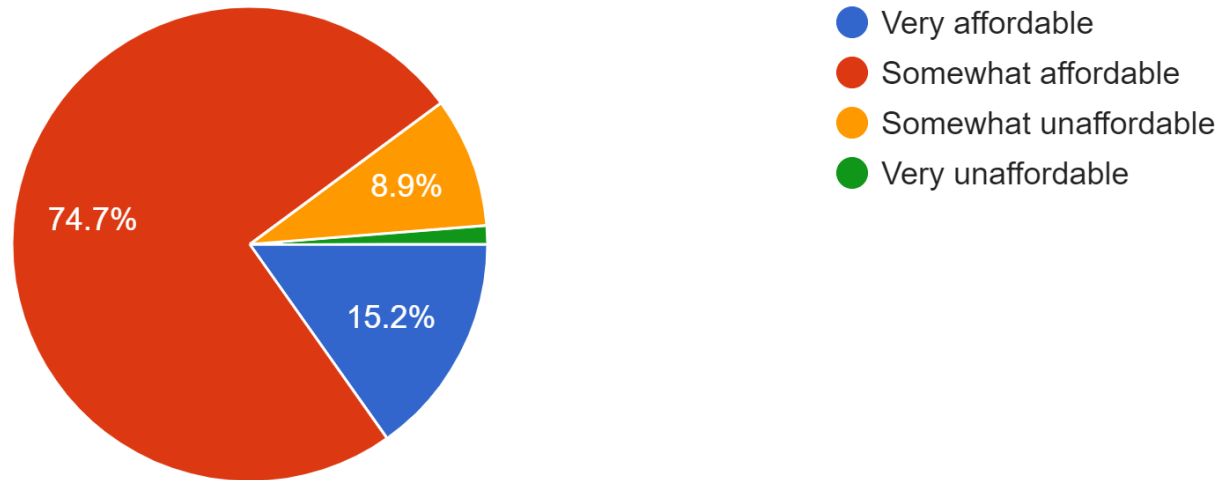
79 responses



## Section 4. HOUSING

How affordable would you rate the overall living options in the Labrador Straits for you?

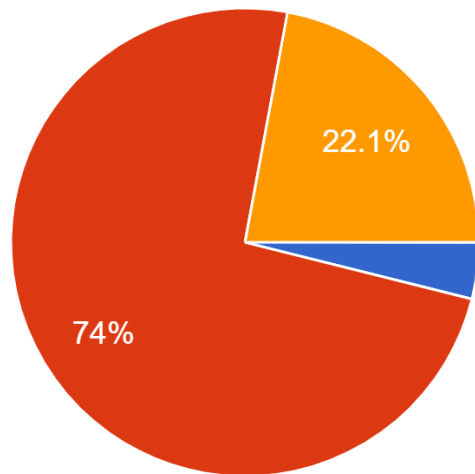
79 responses



## Section 4. HOUSING

How would you rate the AVAILABILITY of home services such as lawn maintenance, snow removal, etc. for seniors in the community?

77 responses

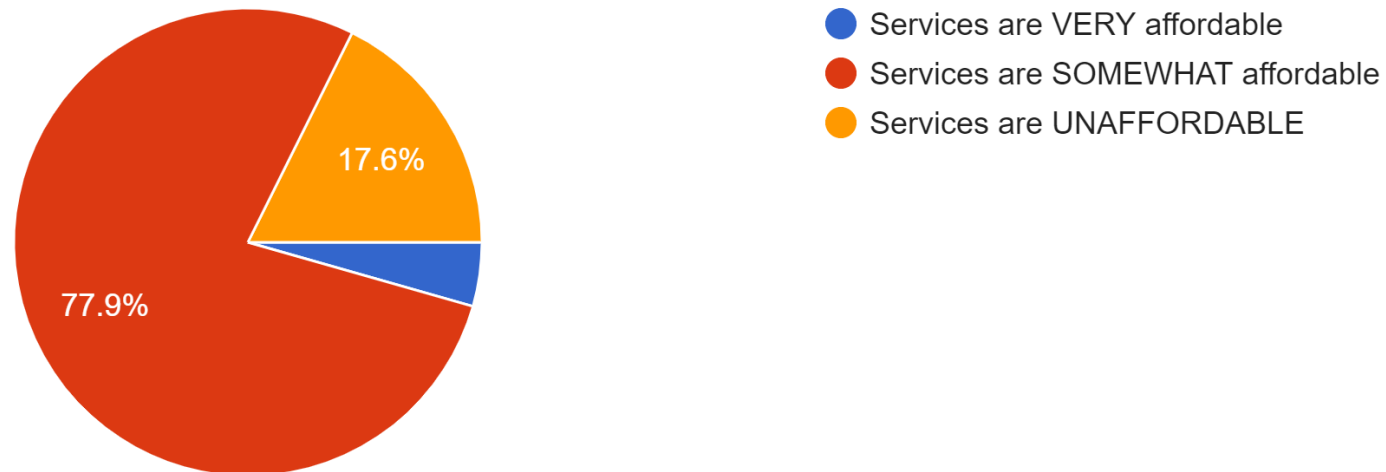


- There are lots of services
- There are few services
- There are no services

## Section 4. HOUSING

How would you rate the AFFORDABILITY of home services such as lawn maintenance, snow removal, etc. for seniors in the community?

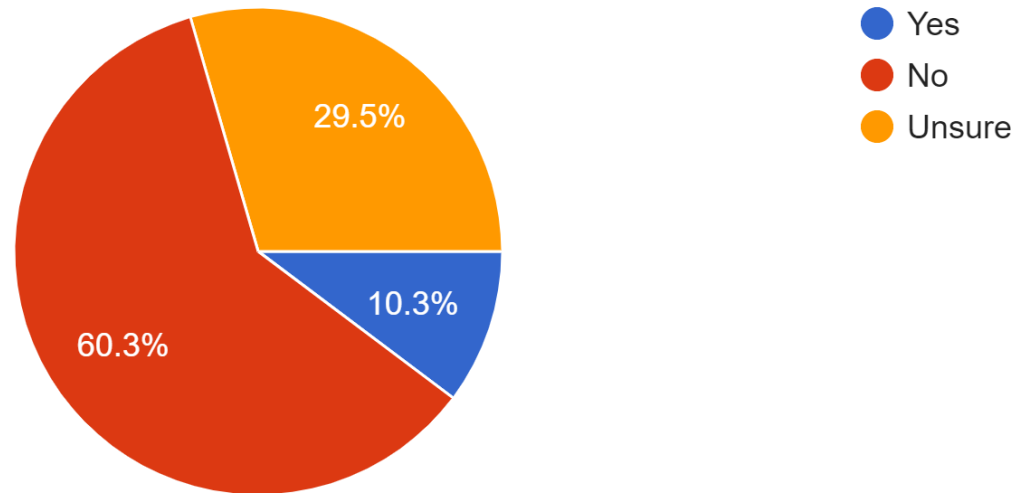
68 responses



## Section 4. HOUSING

Do you feel there are adequate long-term care options available in the Labrador Straits?

78 responses



## Section 4.

# HOUSING

Please add any comments or concerns you may have about housing:9 responses

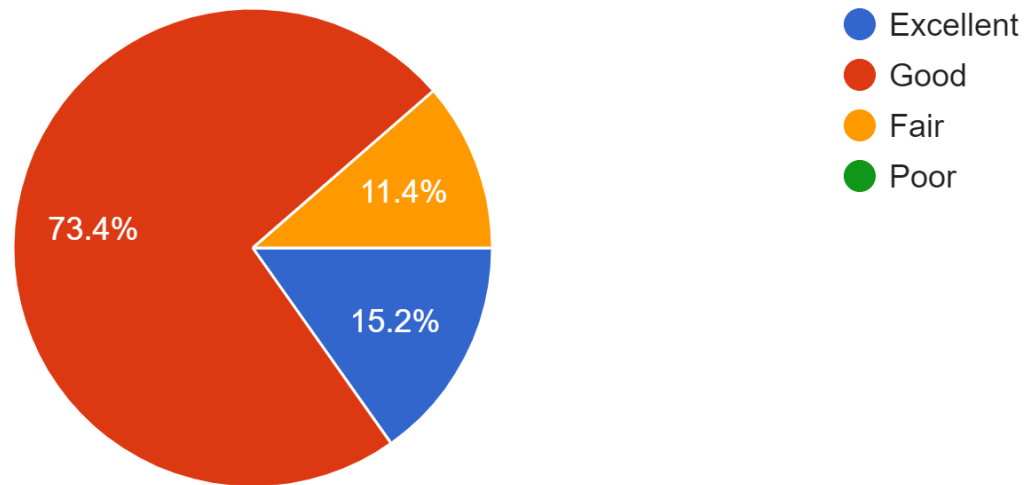
- ▶ Right now I can take care of myself inside the home, but find it very difficult to maintain a lawn and snow clearing
- ▶ We own our own home, so for me the biggest concern is the cost of electricity to heat our home, since that is our main source of heat.
- ▶ For now, I am living in my own home and there are challenges for me certainly. I am familiar with the Seniors Complex in Forteau and those types of units fill a need for a transition for seniors.
- ▶ I think we need more long term care primarily so people can stay within their own community not just Forteau, I live in Lanse au Loup and I hear from a few Seniors that would like to move out of their home but don't want to move away from their community
- ▶ Long term care facility isn't big enough. We have an aging population. We need a bigger facility with more staff
- ▶ We need another Senior Complex
- ▶ There should be more long term care housing in the area.
- ▶ No concerns
- ▶ As our population ages we are going to need more housing for seniors

## Section 5.

# RESPECT AND SOCIAL INCLUSION

In the Labrador Straits, how do you feel adults 60 and over are treated by society?

79 responses

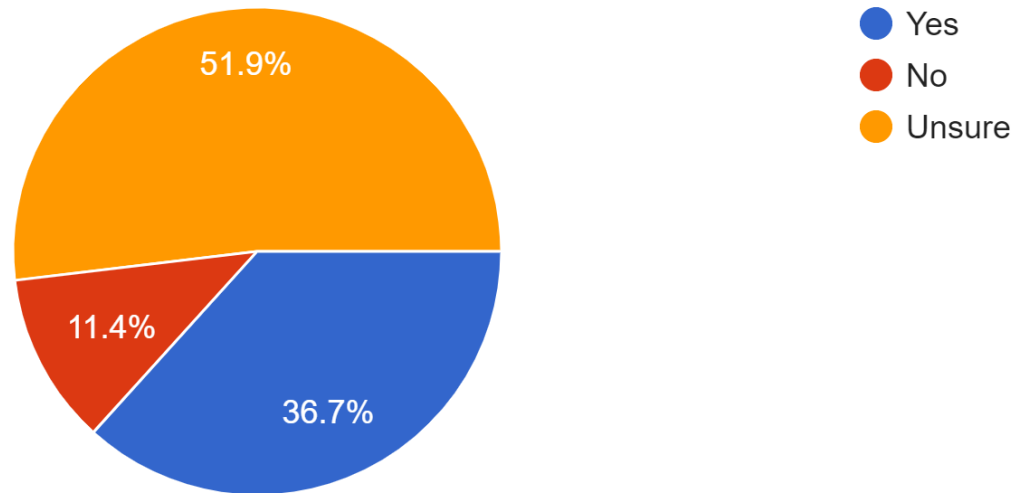


## Section 5.

# RESPECT AND SOCIAL INCLUSION

Do you feel as though seniors have the opportunity to be consulted on local issues?

79 responses

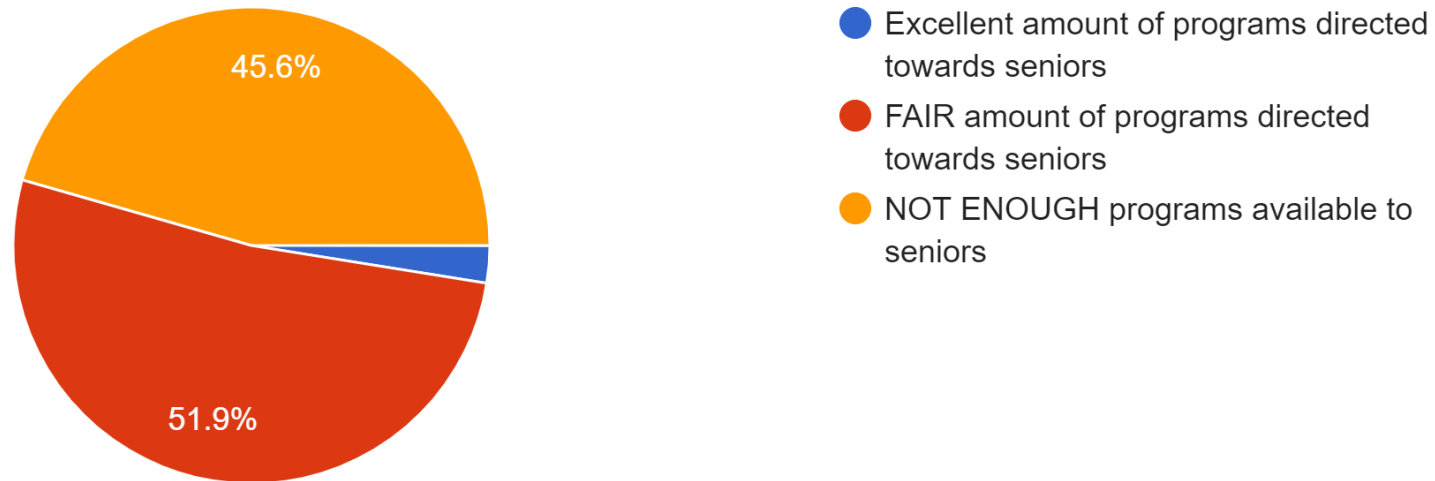


## Section 5.

# RESPECT AND SOCIAL INCLUSION

How do you feel about the amount and quality of programs offered to older adults and seniors?

79 responses

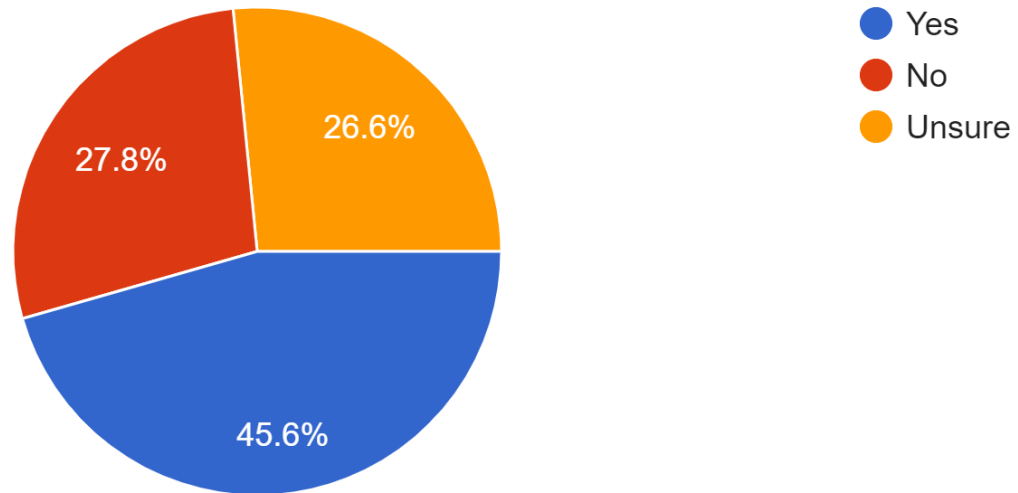


## Section 5.

# RESPECT AND SOCIAL INCLUSION

Do you feel that the majority of community events are suitable for all ages of participation?

79 responses



# Section 5.

## RESPECT AND SOCIAL INCLUSION

Please outline what programs you would like to see or add any other comments:8 responses

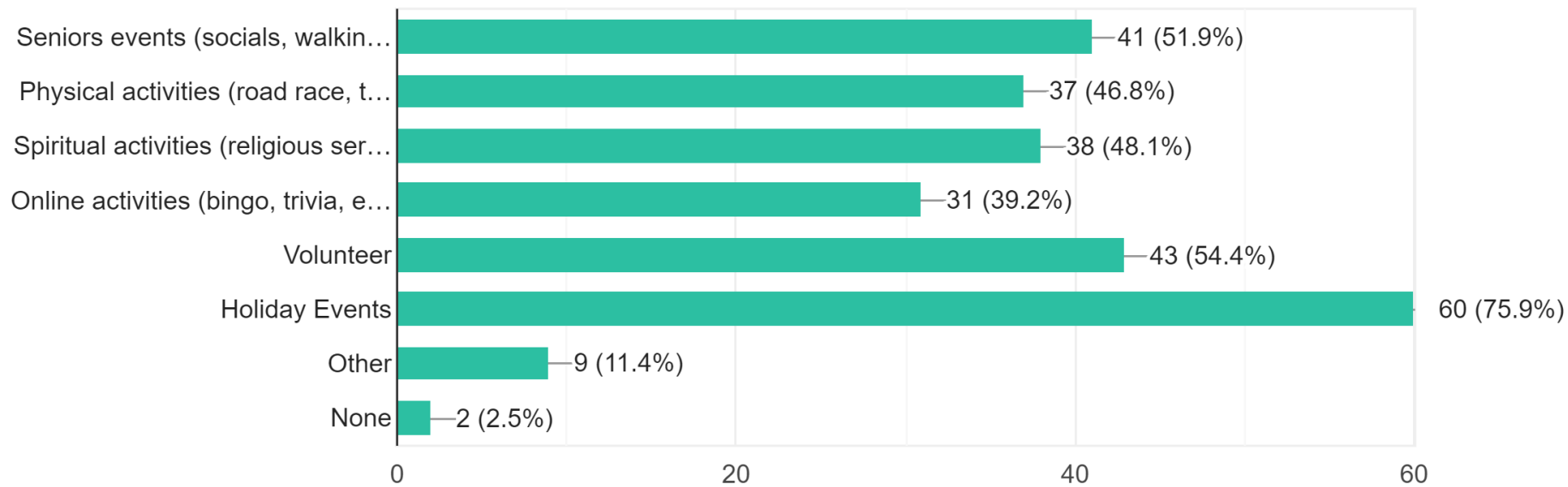
- ▶ Not sure what programs are available for women my age
- ▶ More social activities would be welcome. Most seniors like myself are pretty much bound to their own house. Church is one of the few times a week that I get out.
- ▶ More interaction .
- ▶ More Christian oriented
- ▶ Unsure at this time
- ▶ A program to go to seniors home for a certain amount of hours to see what they need done. Spend time playing cards. Driving seniors to appointments or shopping that have no license.
- ▶ Should be more things for senior to do
- ▶ Needs a regular social events on a weekly basis for older adults

## Section 6.

# SOCIAL PARTICIPATION

What activities would you take part in during a regular calendar year if they were available (excluding COVID-19)? (check all that apply)

79 responses

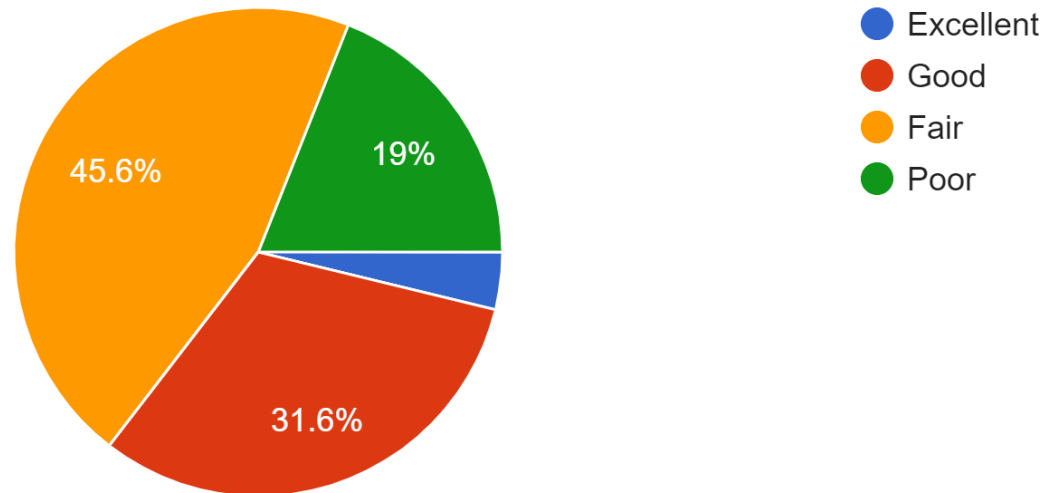


## Section 6.

# SOCIAL PARTICIPATION

How would you rate the variety of activities and events in your community, specifically for seniors?

79 responses

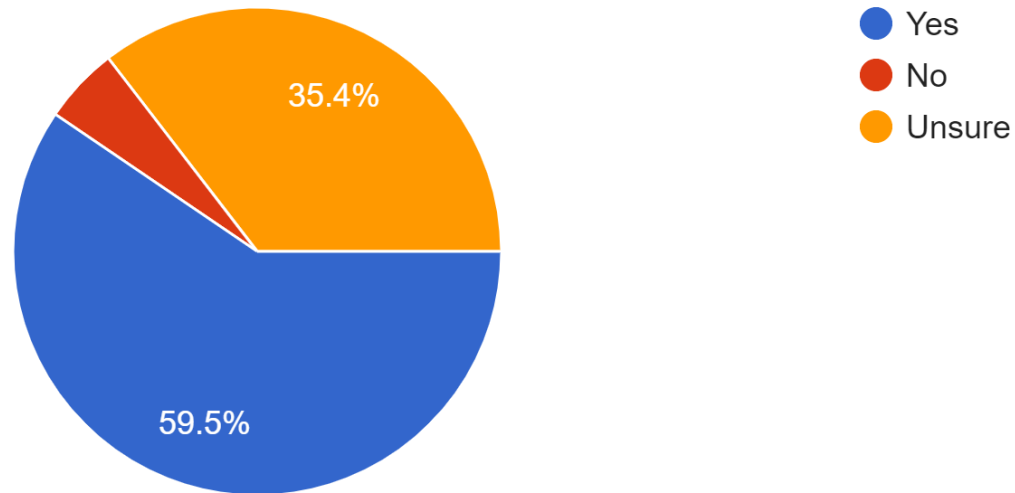


## Section 6.

# SOCIAL PARTICIPATION

Do you feel that programs and activities offered in the community are affordable?

79 responses

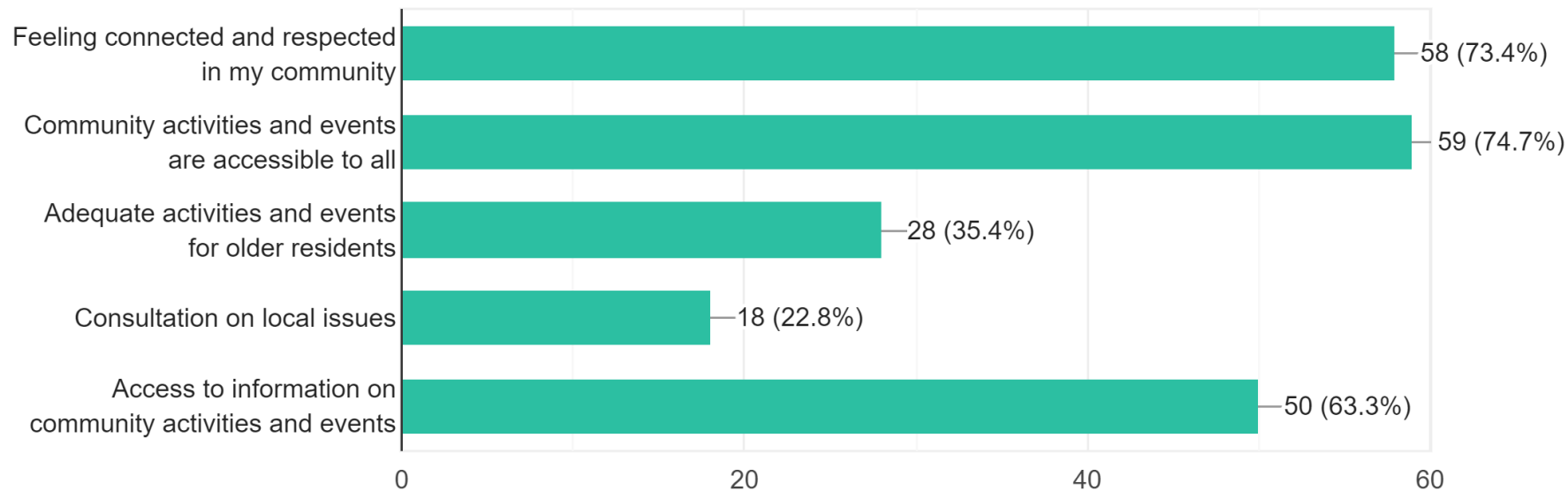


# Section 6.

## SOCIAL PARTICIPATION

From the options below, please select the 3 most important aspects that make you feel included in relation to social participation, respect, and inclusion?

79 responses

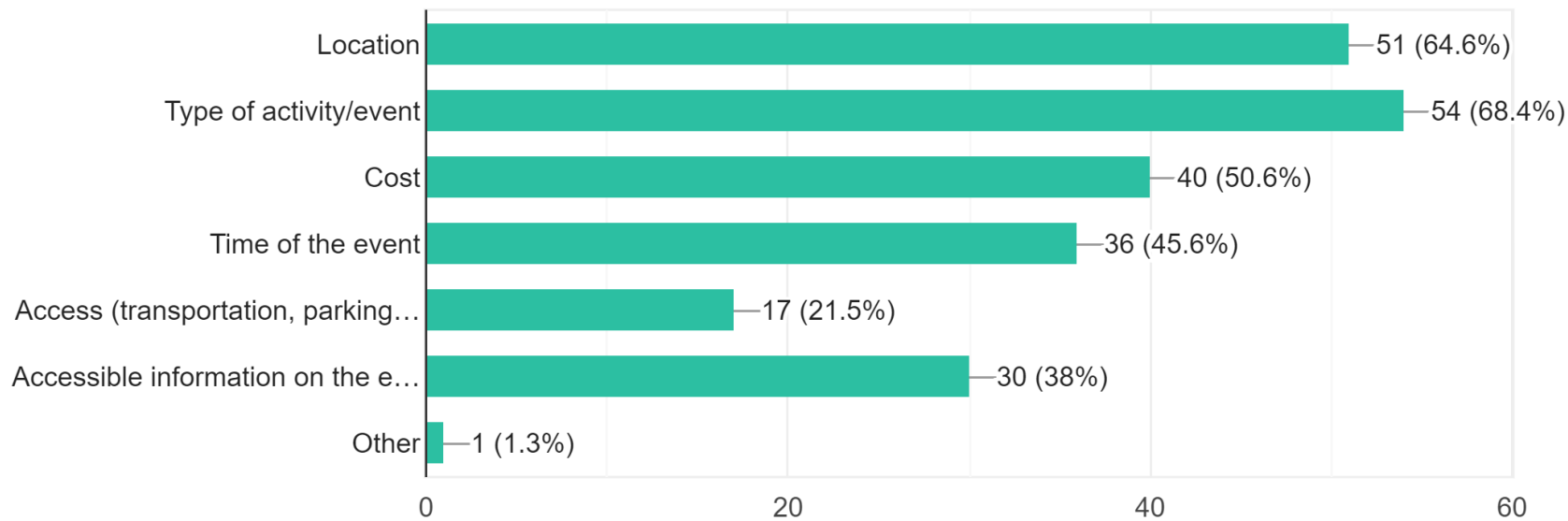


# Section 6.

## SOCIAL PARTICIPATION

From the options below, please select up to 3 of the most important aspects to ensure activities and events in your community are Age Friendly?

79 responses



# Section 6.

## SOCIAL PARTICIPATION

Please comment on any other concerns you have about the social participation:3 responses

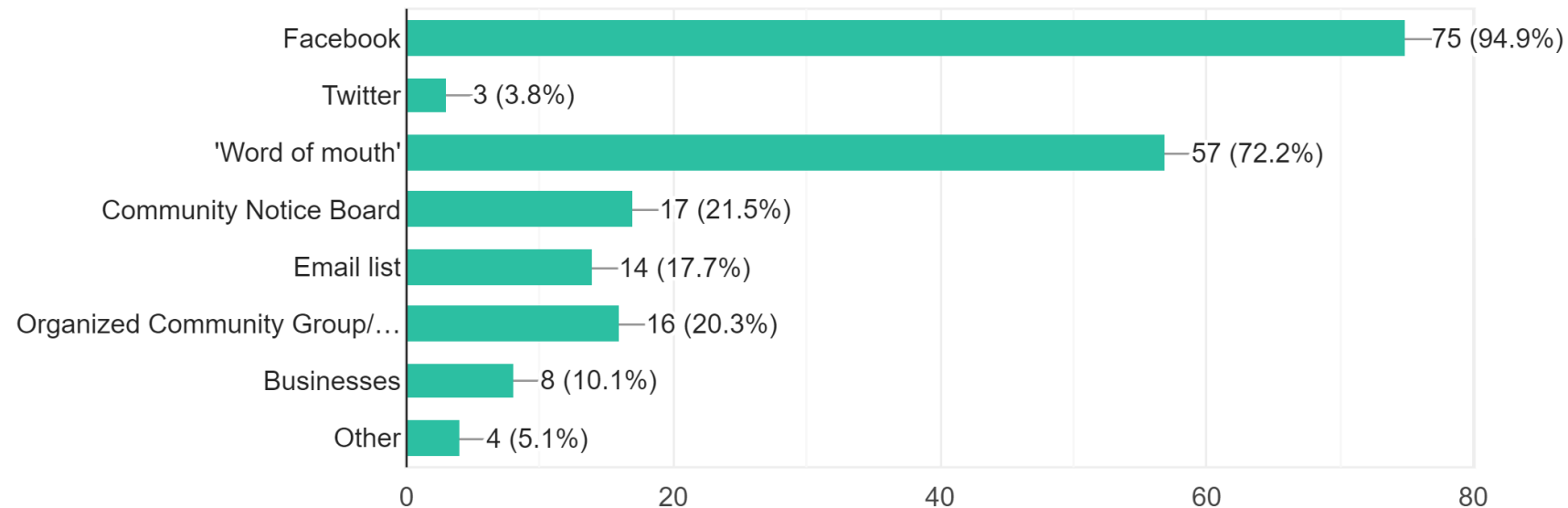
- ▶ An adult gym facility would be a great asset to our area!
- ▶ Accessibility or lack there of, i.e., ramps, impact participation at events
- ▶ Not enough

## Section 7.

# COMMUNICATIONS AND INFORMATION

How do you currently receive your communication about community activities, events, news?  
(check all that apply)

79 responses

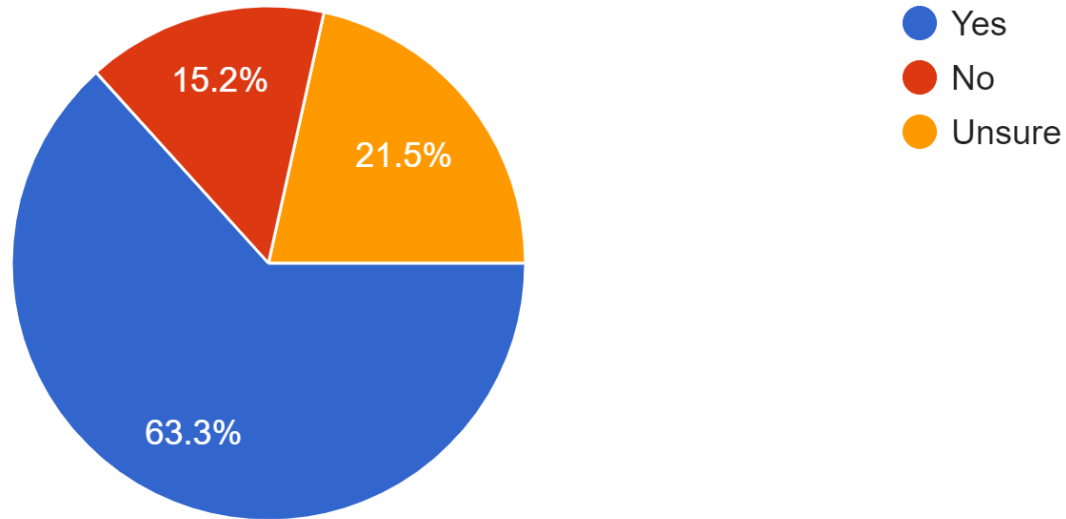


## Section 7.

# COMMUNICATIONS AND INFORMATION

Do you feel that information on community events is easily available?

79 responses

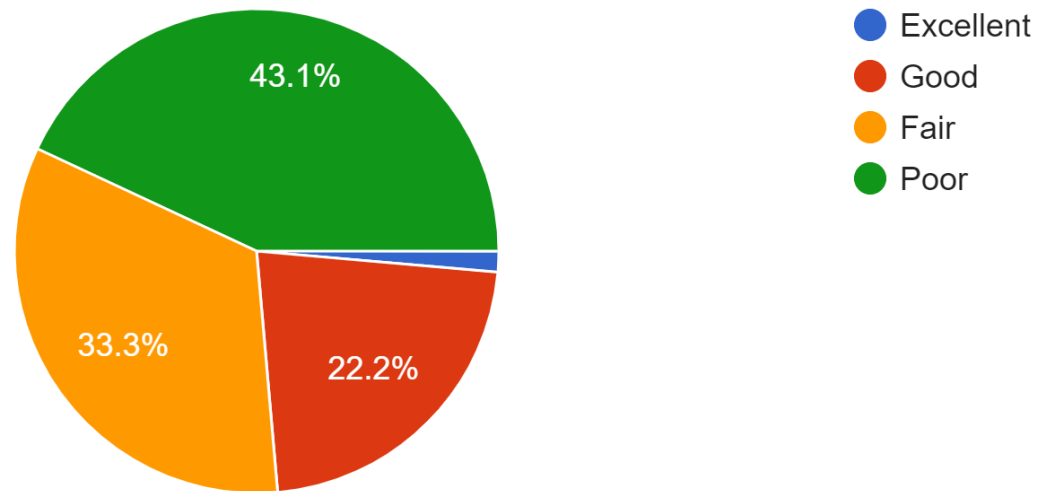


## Section 7.

# COMMUNICATIONS AND INFORMATION

How would you rate the access to public computers and training sessions on how to use computers and the internet?

72 responses



# Section 7.

## COMMUNICATIONS AND INFORMATION

Please comment on any additional concerns you may have about communication and information:5 responses

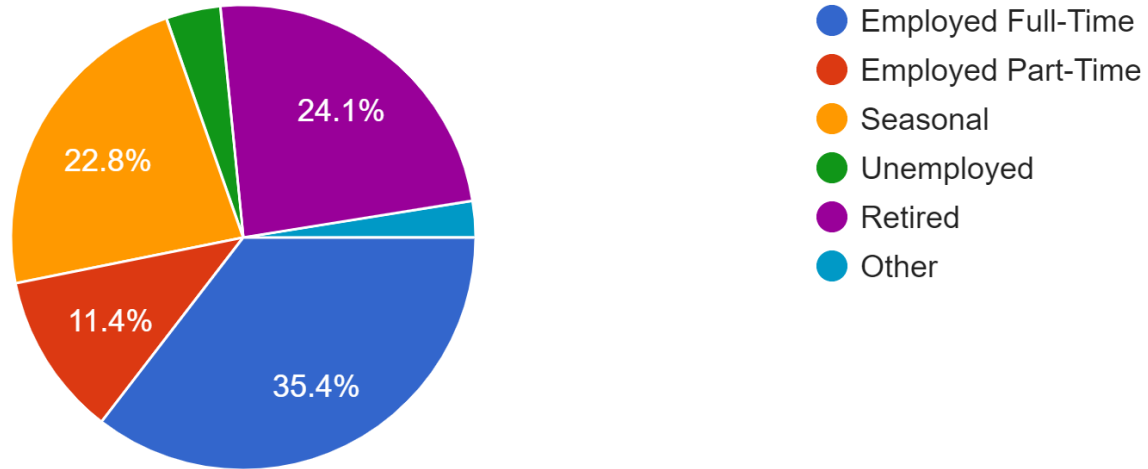
- ▶ I use my iPad for entertainment and information. But I have friends that do not have the same access.
- ▶ I don't receive any communication
- ▶ I don't need to use Public Computers
- ▶ I feel that information about public events needs to be better publicized
- ▶ No concerns

## Section 8.

# CIVIC PARTICIPATION AND EMPLOYMENT OPPORTUNITIES

Which of the following categories best describes your employment status?

79 responses

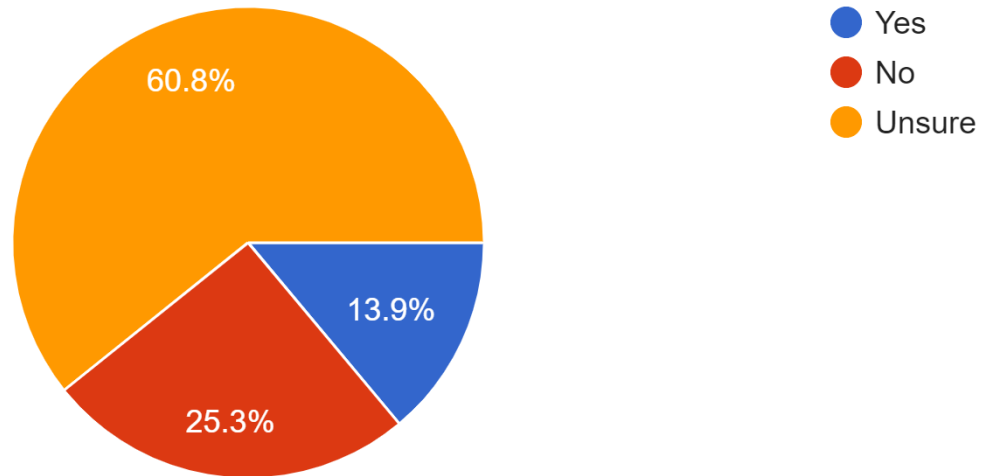


## Section 8.

# CIVIC PARTICIPATION AND EMPLOYMENT OPPORTUNITIES

There are enough PAID opportunities for OLDER adults in my community

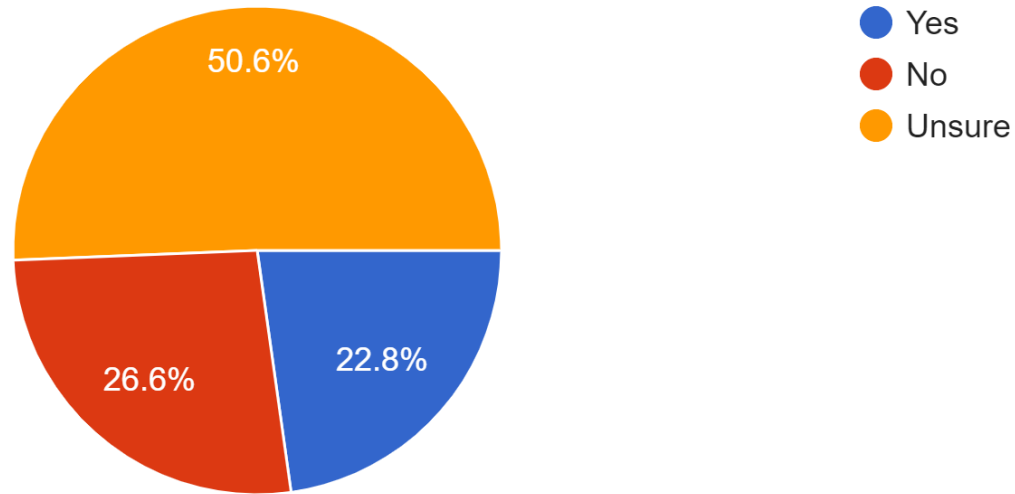
79 responses



## Section 8.

# CIVIC PARTICIPATION AND EMPLOYMENT OPPORTUNITIES

There are enough VOLUNTEER opportunities for OLDER adults in my community  
79 responses

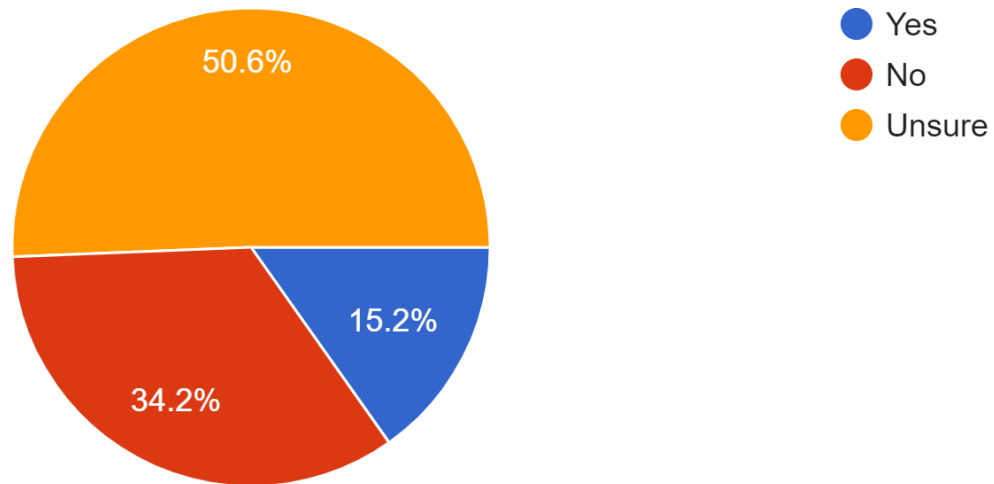


## Section 8.

# CIVIC PARTICIPATION AND EMPLOYMENT OPPORTUNITIES

There are enough PAID opportunities for YOUNGER adults in my community?

79 responses

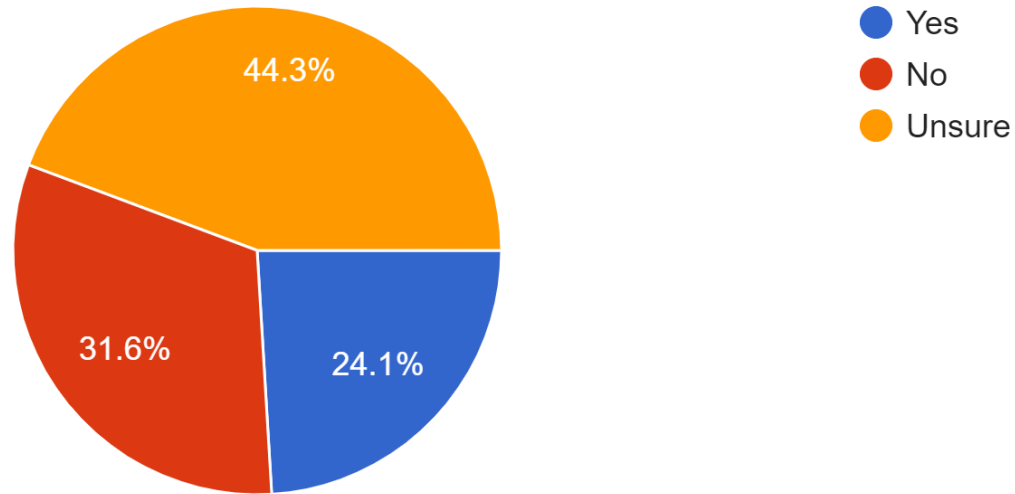


## Section 8.

# CIVIC PARTICIPATION AND EMPLOYMENT OPPORTUNITIES

There are enough VOLUNTEER opportunities for YOUNGER adults in my community.

79 responses

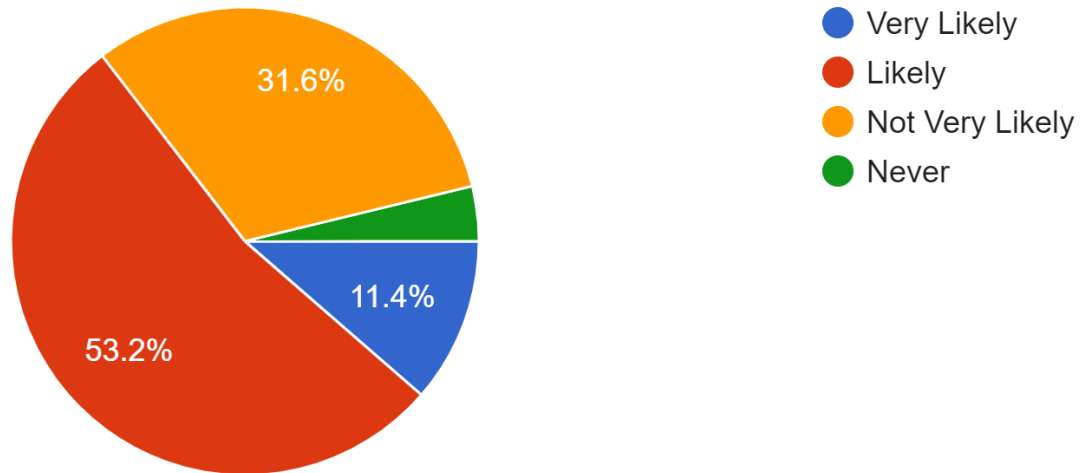


## Section 8.

# CIVIC PARTICIPATION AND EMPLOYMENT OPPORTUNITIES

How likely are you to participate with a group such as the Youth Advisory Council, Seniors Advisory Committee, etc.?

79 responses

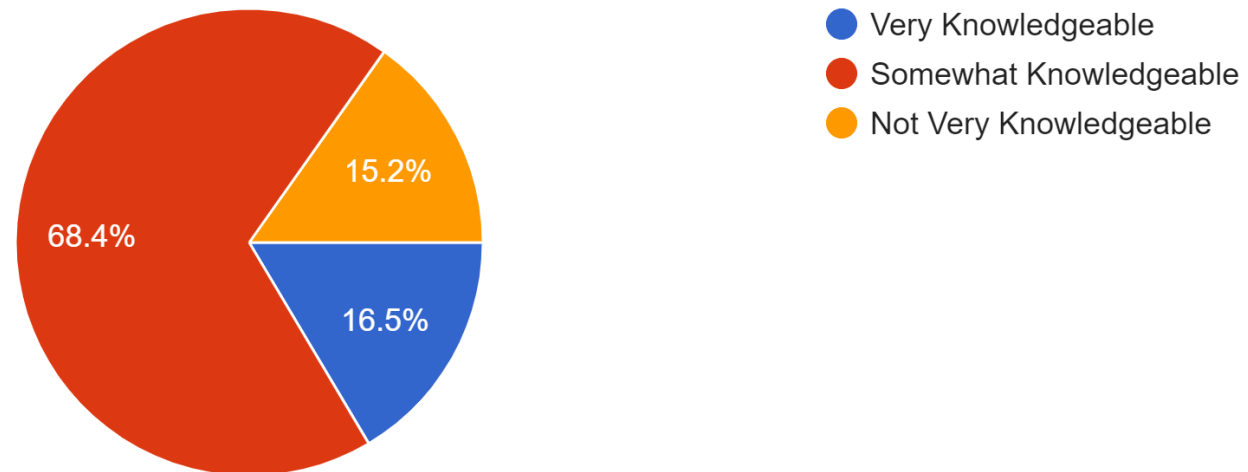


## Section 8.

# CIVIC PARTICIPATION AND EMPLOYMENT OPPORTUNITIES

How knowledgeable are you about VOLUNTEER groups and opportunities in the Labrador Straits?

79 responses



## Section 8.

# CIVIC PARTICIPATION AND EMPLOYMENT OPPORTUNITIES

Please list any other concerns you may have about civic participation and employment: 1 response

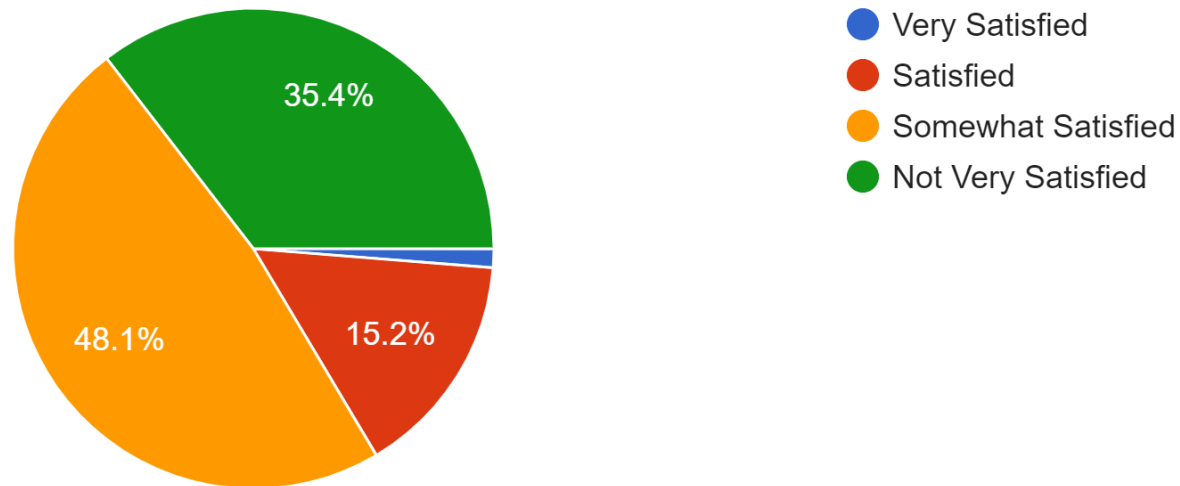
- No concerns

## Section 9.

# COMMUNITY SUPPORT AND HEALTH SERVICES

How satisfied are you with health services such as doctors, pharmacists, optometrists available in your community?

79 responses



## Section 9.

# COMMUNITY SUPPORT AND HEALTH SERVICES

Please describe any services that you are unsatisfied with

**26 responses (Note: duplicate answers noted)**

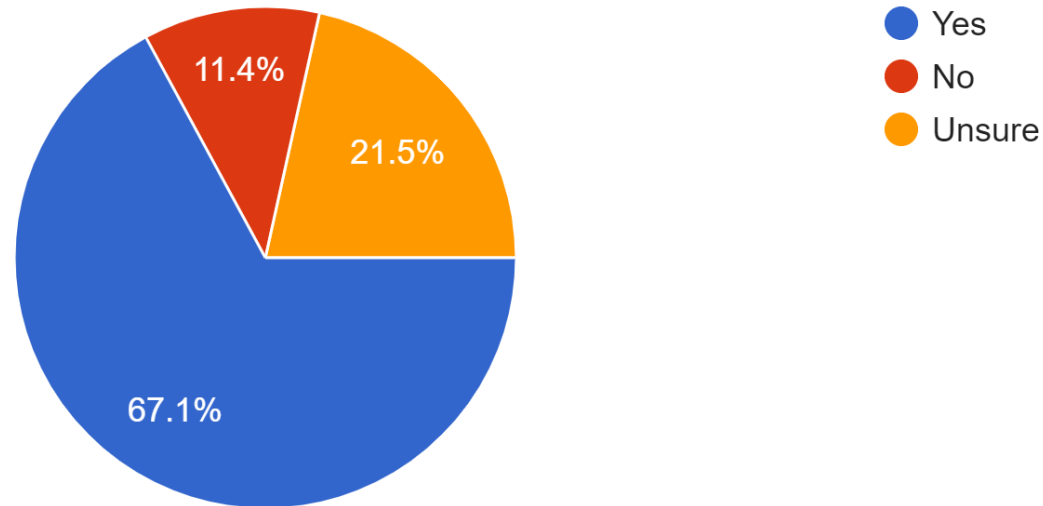
- ▶ We have to travel outside our area for eye doctors and most all medical appointments. I waited last week for a appointment for a blood test for 8 days just in Forteau before I could get one, can't even see the face of a doctor now
- ▶ Right now I am not very satisfied because there are no day nurse on
- ▶ Health care service, doctors are my main concern.
- ▶ That we are so short on staff at our local clinic
- ▶ Forteau Health Center
- ▶ Should be nurses at the clinic all day long, not only for a few hours a day!
- ▶ Medical Transportation- as I am a Cancer Patient and have left my home since Nov 15 and unsure when I will get back, due to appointments and treatments in St. Anthony, Corner. Room and St. John's. Especially in Winter when we can't depend on Ferry Transportation because of weather and accommodations when needed
- ▶ Not enough services on the coast.
- ▶ There needs to be more medical services available in the area rather than travel
- ▶ Lack of permanent specialists, optometrists, dentists, physical therapists, RN's, etc. (14)
- ▶ Forteau clinic it's self
- ▶ Health service, LTC, Senior housing
- ▶ Shortage of medical staff

## Section 9.

# COMMUNITY SUPPORT AND HEALTH SERVICES

Are there accessible home care services available in your community?

79 responses

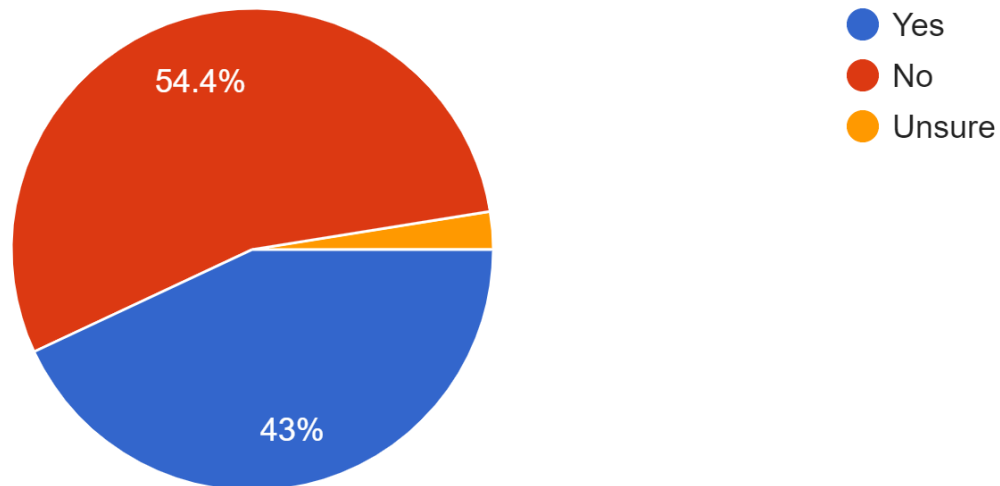


## Section 9.

# COMMUNITY SUPPORT AND HEALTH SERVICES

Have you ever had to use home care services for either yourself, your partner, or a family member?

79 responses

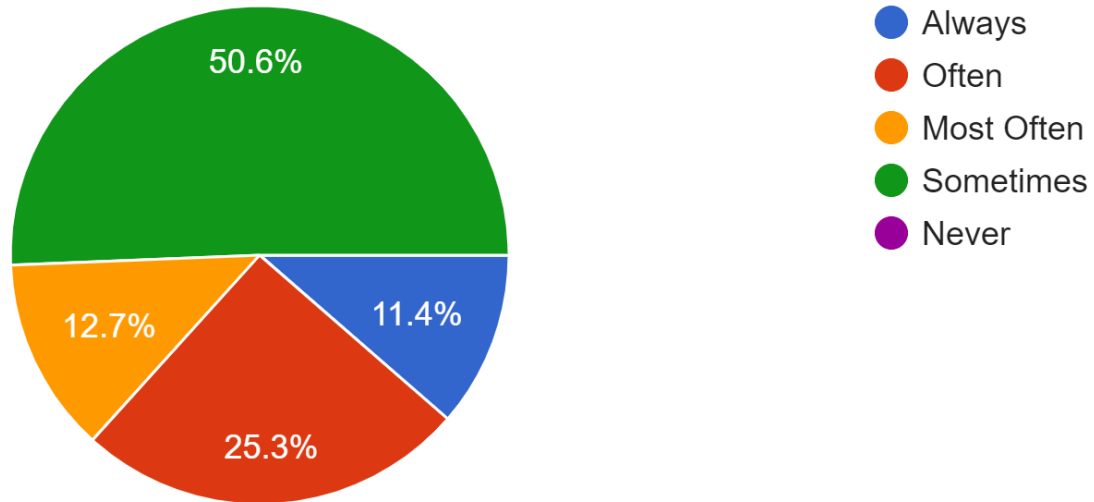


## Section 9.

# COMMUNITY SUPPORT AND HEALTH SERVICES

Do you feel seniors in the Labrador Straits face financial barriers in relation to health services?

79 responses

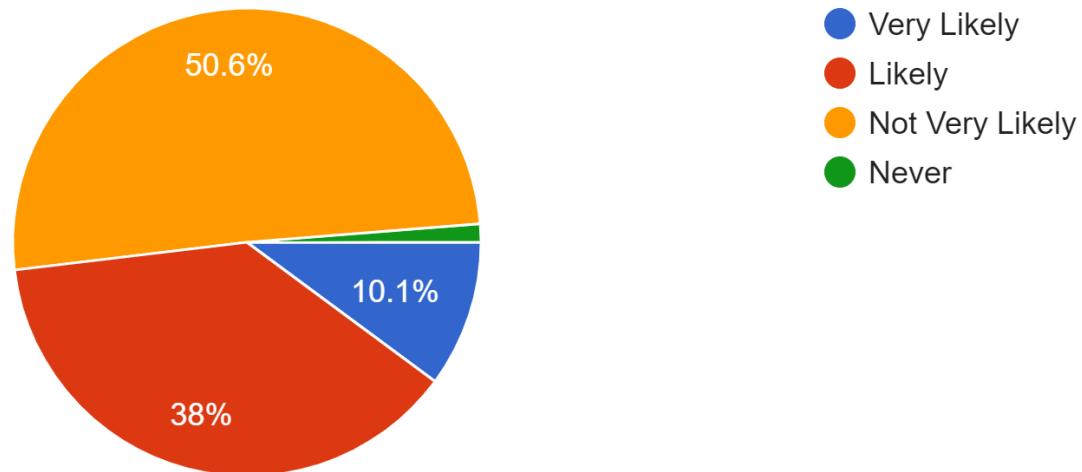


## Section 9.

# COMMUNITY SUPPORT AND HEALTH SERVICES

How likely would you be to use a delivery service for groceries and medicine if available in your community, at a cost that's affordable to you?

79 responses

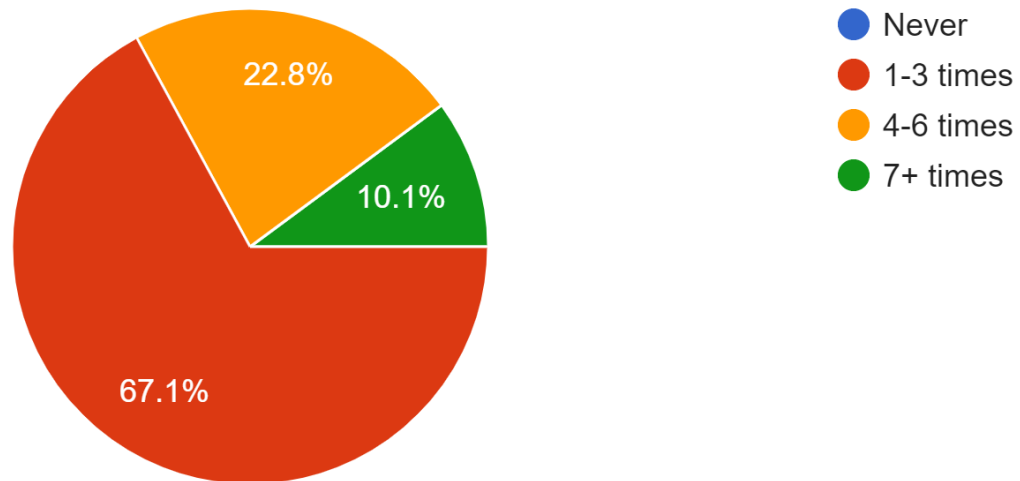


## Section 9.

# COMMUNITY SUPPORT AND HEALTH SERVICES

In the span of (six) 6-months, how often do you leave your community to attend health care services such as the doctor, pharmacist, dentist, optometrist?

79 responses

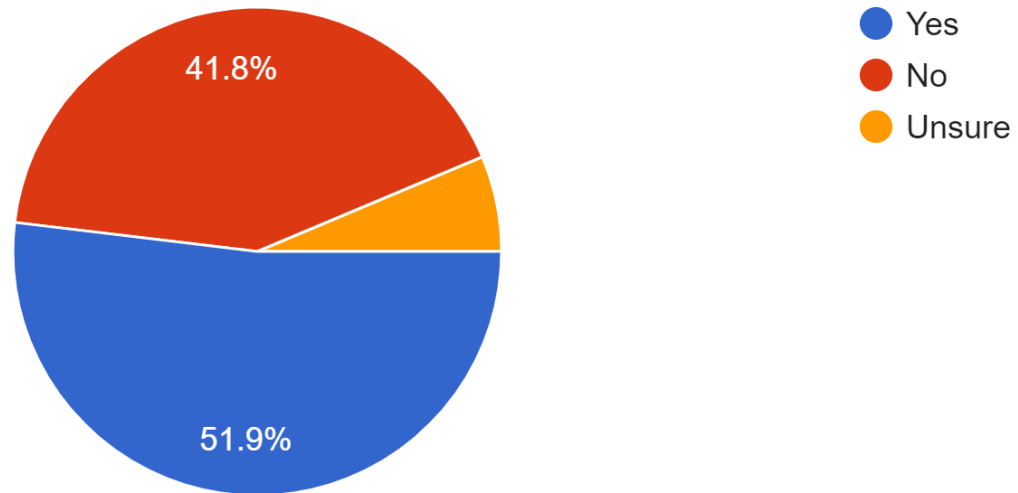


## Section 9.

# COMMUNITY SUPPORT AND HEALTH SERVICES

Does the cost of travel for these services pose a burden to you financially?

79 responses

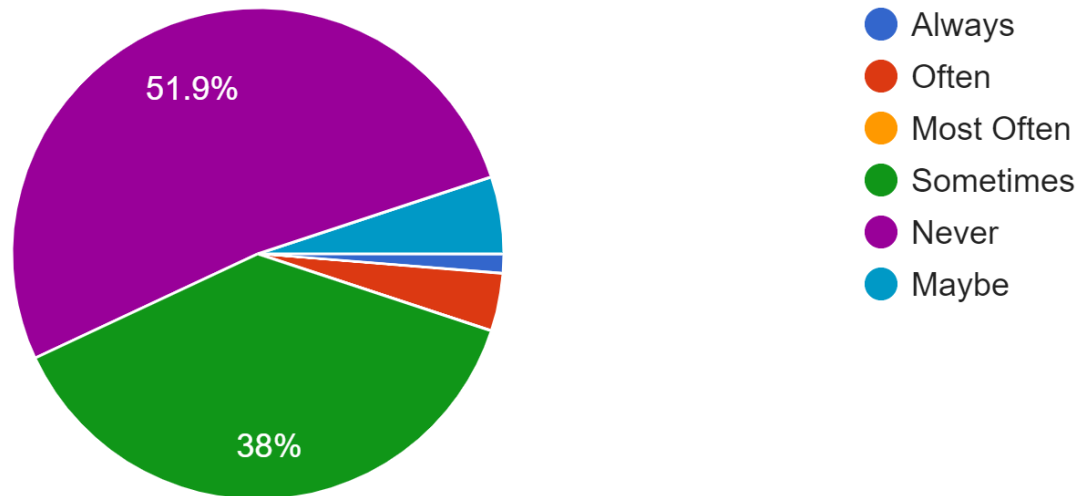


## Section 9.

# COMMUNITY SUPPORT AND HEALTH SERVICES

If you do attend health care services outside of the community, do you have difficulty arranging transportation?

79 responses



## Section 9.

# COMMUNITY SUPPORT AND HEALTH SERVICES

**What other concerns might you have about community health services?8 responses**

- ▶ I often wonder what will happen to us baby boomers
- ▶ Lack of public health visits
- ▶ Major concerns about shortages of nurses
- ▶ Can't find enough people to do homecare eve if you're paying for it yourself
- ▶ Concerns regarding our hospital being downsized to less than what we have now. Taking away our LPNs and cut backs that we don't need.
- ▶ Lack of permanency with some positions
- ▶ Lack of nurses at the health center
- ▶ There is no Optometrist in this area.